

Week 26

Mid Year Reflection



6/29/26

Why it Matters: Leadership growth rarely happens by accident. Reflection allows us to identify what's working, recognize what needs attention, and move into the future with greater intention and clarity.

This Week's 1% Better Practice: Conduct a Midyear Leadership Audit by setting aside 15 uninterrupted minutes and answer three questions: What leadership skill have I strengthened most this year? What leadership habit still needs work? What is one thing I want to intentionally practice during the next 26 weeks?

Applying It:

Reflect. Take few moments to think about your leadership journey so far this year.

Looking Back...

What accomplishment are you most proud of from the first half of the year? _____

What leadership challenge taught you the most? _____

What leadership habit has improved the most? _____

Looking Inward...

Which topic from the first half of the challenge resonated with you most?

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|---|---|---|
| ☐ Intentionality | ☐ Self-Awareness | ☐ Appreciation |
| ☐ Active Listening | ☐ Curiosity | ☐ Consistency |
| ☐ Psychological Safety | ☐ Accountability | ☐ Follow-Through |
| ☐ Other: | | |

Why? _____

Looking Forward...

What is one leadership habit you want to strengthen during the next 26 weeks? _____

What is one thing you need to let go of? _____

What is one thing you want to lean into? _____

